

# Integrative therapy of breast cancer

Evidence and clinical practice

Thu, May 16th 2024, GDI, Rüslikon/Zurich  
9-12:30 workshops, 13:30-19 talks

ORGANIZER



PARTNER



Kantonsspital  
St.Gallen



## Integrative therapy of breast cancer

### Evidence and clinical practice

Dear colleagues  
Dear Oncology Nurses

Complementary medicine now has a firm place in the care of women with breast cancer. Recommendations on their use and evaluation of the respective evidence can be found in the guidelines of the American Society of Clinical Oncology ASCO and the German Association for Gynecologic Oncology AGO. An S3 guideline for the use of complementary medical oncology was recently published.

A prerequisite for the successful implementation of these recommendations in the sense of integrative oncology is a trusting cooperation between the doctors involved in the treatment and an understanding for those affected who want to make their own contribution to recovery or a good course of the disease.

Integrative oncology aims to strengthen resources and, together with optimal surgery, systemic and radiotherapy, to achieve a good treatment outcome and a good quality of life.

The ESIO Update 2024 is therefore dedicated to the question of how the different treatment modalities can be combined in a holistic - patient-centered - treatment concept.

Six colleagues will present the most important innovations and standards of surgery, systemic therapy, radiotherapy and hyperthermia in short, practice-oriented presentations and show how they can be combined with stress reduction, micronutrients, exercise and short-term fasting. The final lecture is dedicated to the treatment of breast cancer in anthroposophic medicine.

On behalf of the European Society for Integrative Oncology ESIO eV, we are very much looking forward to your visit, the certainly very exciting lectures and an intensive exchange with colleagues.

On behalf of the board of ESIO e.V.

Boris Hübenthal

Valeria Milani

Marcus Schuermann

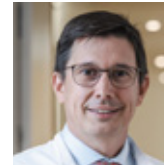
Daniela Paepke

## WORKSHOPS (IN GERMAN LANGUAGE)

	room 1	room 2
09:00–10:00	<b>Wickel und äußere Anwendung</b> Irene Brenneisen	<b>Misteltherapie</b> Matthias Rostock
10:00–10:30	<b>Kaffeepause</b>	
10:30–11:30	<b>Ohrakupunktur</b> Petra Voiß	<b>Orthomolekulare Therapie</b> Volker Schmiedel
11:30–12:30	<b>Kühlhaube</b> Valeria Milani	<b>OTT®</b> Victoria Lalla-Stickler
12:30–13:30	<b>Mittagspause</b>	

## TALKS (IN ENGLISH LANGUAGE)

13:30–14:00	<b>Arrival</b>
14:00–14:15	<b>Greeting</b> Valeria Milani, Daniela Paepke, Zurich
14:15–14:45	<b>Systemic therapy</b> Isabell Witzel, Zurich
14:45–15:15	<b>Microbiome</b> Petra Voiß, Essen (D)
15:15–15:45	<b>Gender oncology</b> Berna Özdemir, Bern
15:45–16:30	<b>Break and presentation of the exhibitors</b>
16:30–17:00	<b>AI and digitization</b> Friedrich Overkamp, Würzburg (D)
17:00–17:30	<b>Genetics</b> Eliane Sarasin, Zurich
17:30–18:00	<b>Radiotherapy and hyperthermia</b> Markus Notter, Bern
18:00–18:30	<b>Communication and spirituality</b> Raimund Jakesz, Vienna (AT)
18:30–18:45	<b>Discussion and conclusion</b>
from 18:45	<b>Apéro riche</b>



Dr. med.  
**Boris Hübenthal**  
*Center for Integrative  
Oncology, Zurich*



PD Dr. med.  
**Daniela Paepke**  
*Zollikerberg Hospital,  
Zurich*



Dr. med.  
**Valeria Milani**  
*Center for Integrative  
Oncology, Zurich*



Prof. Dr. med.  
**Isabell Witzel**  
*USZ Zurich*



PD Dr. med.  
**Petra Voiß**  
*Clinic for Integrative  
Oncology and Supportive  
Medicine, Essen (D)*



PD Dr. med. et phil.  
**Berna Özdemir**  
*Inselspital, Bern Univer-  
sity Hospital*



Dr. med.  
**Friedrich Overkamp**  
*onkowissen.de GmbH,  
Würzburg (D)*



Dr. med.  
**Eliane Sarasin**  
*Bethanien Clinic, Zurich*



Dr. med.  
**Markus Notter**  
*Lindenhof Hospital,  
Berne*



Univ. Prof. Dr. med.  
**Raimund Jakesz**  
*Private consultation  
Vienna (AT)*



**Irene Brenneisen**  
*Zollikerberg Hospital,  
Zurich*



Prof. Dr. med.  
**Matthias Rostock**  
*University Cancer Cen-  
ter Hamburg (D)*



Dr. med.  
**Volker Schmiedel**  
*Ambulatorium Para-  
med, Baar*



**Victoria Lalla-Stickler**  
*MYAIRBAG - Training  
against Cancer GmbH,  
Cologne (D)*

VENUE

**GDI Gottlieb Duttweiler Institute**  
**Langhaldenstrasse 21, 8803 Rüslikon/ZH**



**PARKING LOTS**

Parking deck at „Park im Grüene“ Zürcherstrasse 4, 8803 Rüslikon  
Two e-charging stations are available free of charge directly in front of the GDI.

**PUBLIC TRANSPORT**

- Zurich/Bürkliplatz: Bus no. 165 to Langhaldenstrasse, 5 min. walk from there
- Thalwil railroad station: Bus no. 156 to Park im Grüene, from there 5 min. walk
- S-Bahn S24/S8 to Rüslikon station, from there bus no. 165 to Langhaldenstrasse
- S-Bahn S2 to Thalwil station, from there bus no. 156 to Park im Grüene

**TEILNAHME**

The afternoon lectures are free of charge.  
The participation fee for the morning workshops is CHF 50.  
Due to limited places, early registration is requested until May 12. We look forward to your registration.  
**Register online: [www.esio.ch](http://www.esio.ch)**

**EDUCATION CREDITS**

applied for  
Credits SGMO  
Credits SRO  
Credits SGAIM  
Credits VAOAS